

Emergency Contacts

In an Emergency

Dial 911 or go to the nearest Emergency room

Illinois

SCC Counseling, Donna Price, MSW

(618) 481-3322 After-hours
call (618) 306- 0960

Arrowleaf 24/7 crisis line

(618) 658-2611

Massac County Mental Health

(618) 524- 9368

Massac Memorial Hospital

(618) 427-2680

Choate Mental Health

(618) 833- 5161

Illinois Centerstone Crisis Hotline

(855) 985-0911

Cairo Domestic Violence Shelter

(618) 734- 4357, ext. 105

Rape &/or Abuse Crisis Center

Carbondale

(800) 334- 2094

Marion

(618) 993- 0803

Harrisburg

(618) 294- 8641

Metropolis

(618) 524- 9922

United Way- Local After-Hours Crisis Numbers

Alexander County	(618) 658-2611
Johnson County	(618) 658-2611
Massac County	(618) 524-9368
Union County	(618) 833-8551

Southeast Missouri

Southeast Behavioral Hospital	(573) 708-5000
Southeast Behavioral Health Unit	(573) 614-1976
Bootheel Counseling Center Crisis Service Line	(800) 356-5395
(serving Scott, New Madrid, Mississippi, and Stoddard counties)	
United Way- Southeast Missouri	(573) 334- 9634
Rape & /or Abuse Crisis Center Cape Girardeau	(573) 335-7745

Western Kentucky

Four Rivers Behavioral Health	(800) 592-3980
Pennyroyal Center	(877) 473-7766
Adanta Group Behavioral Health	(800) 954-4782

United Way of Western Kentucky

(270) 442-1691

Mercy Health Lourdes Hospital

(270) 444- 2444

Rape & / or Abuse Crisis Center

(270) 443-6001

National Hotlines

National Suicide & Crisis Lifeline

988

Veteran Crisis line Dial 988 then press 1

National Suicide & Crisis chatline

988lifeline.org

National Suicide Prevention Lifeline

For Hearing Impaired

For TTY users: Use your
preferred relay service or dial 711 then 9-8-8

Rape, Abuse, & Incest National Network

(800) 656-4673

(RAINN) National Sexual Assault Hotline

Domestic Violence Helpline

(800) 799-7233

Text "START" to 88788

Veteran's Crisis Line

(800) 273- 8255 free 24/7

For Veterans hard of hearing

Call (800) 799-4889

or text 838255

Crisis Text Line

Text Hello to 741741

Trevor Projects for LGBTQ under 25 years of age (866) 488- 7386 or text “start” to 678-678

Transgender Lifeline (877) 565-8860

Substance Abuse and Mental Health Services Administration (SAMHSA) National Hotline (800) 662-4357

NEDA (National Eating Disorder Association) (800) 931-2237