

# Mental Health Resource Manual

## **Alcohol and Drug Abuse**

Choate Mental Health  
1000 N. Main Street  
Anna Illinois 62906  
618-833-5161

Family Counseling Center  
904 W. Vine Street  
Vienna, Illinois 62995  
618-658-4047

Fellowship House  
800 N Main Street  
Anna, Illinois 62906  
618-833-4456

Massac Mental Health and Behavioral Center  
206 W. 5<sup>th</sup> Street  
Metropolis, Illinois 62960  
800-851-1251

Mulberry Center at Harrisburg Medical Center  
100 Dr. Warren Tuttle Drive  
Harrisburg, Illinois 62946  
618-252-0999

National Helpline | Substance Abuse and Mental Health  
800-662-4357

Union County Counseling Center  
204 South Street  
Anna, Illinois 62906  
618-833-8551

## **Domestic Violence, Abuse and Assault Services**

Anna Bixby's Women's Center  
213 S. Shaw  
Harrisburg, Illinois 62946  
618-252-8389

Bethany Village  
414 E. Davie Street  
Anna, Illinois 62906  
618-833-1777

Cairo Women's Shelter Inc.  
Box 907  
Cairo, Illinois 62914  
618-734-4357 Hotline (24/7)

Community Health  
13245 Kessler Road  
Cairo, Illinois 62914  
618-734-4400

Good Samaritan House  
701 S. Marion Street  
Carbondale, Illinois 62901  
618-457-5794

Guardian Family Services  
117 W 10<sup>th</sup> Street  
Metropolis, Illinois 62960  
618-524-9922/hotline 618-524-4357 (24/7)

National Domestic Violence Hotline  
800-799-SAFE/800-799-7233

Rural Health  
513 Main Street  
Anna, Illinois 62906  
618-833-4471

Southeast Missouri Network against Domestic Violence  
1359 N. Mt. Auburn Rd.  
Cape Girardeau, MO 63701  
573-332-1900  
877-820-6278 (after hours)

Williamson County Family Crisis Center  
514 N 18<sup>th</sup> Street  
Herrin, Illinois 62948  
618-988-8020

The Women's Center, Inc.  
610 South Thompson Street  
Carbondale, Illinois 62901  
618-549-4807

## **Mental Health and Counseling Services**

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Massac Mental Health and Behavioral Center  
206 W. 5<sup>th</sup>  
Metropolis, Illinois 62960  
618-524-9368/800-851-1251

Mulberry Center at Harrisburg Medical Center  
100 Hospital Drive  
Harrisburg, Illinois 62946  
618-252-0999

National Help Line  
800-662-4357

Union County Counseling Center  
204 South Street  
Anna, Illinois 62906  
618-833-8551

**Advocacy Groups**  
Bullying Resource  
[stopbullying.gov](http://stopbullying.gov)

Center for Disease Control and Prevention  
[cdc.gov/lgbthealth/youth](http://cdc.gov/lgbthealth/youth)

Diversity Best Practices  
[diversitybestpractices.com](http://diversitybestpractices.com)